

Older Driver Safety Week
December 6-10, 2021

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As we get older lots of things change- our hearing, eyesight, memory, and reflexes are just a few, and those changes can affect our driving.

Here are some things you can do to help be a safe driver:

- Have regular checkups and talk to your doctor about any ailments or medications and how they can affect your driving.

- If you feel different after taking a prescription, over-the-counter medication, drinking alcohol, using medical marijuana or illegal drugs- don't drive. Using these might impair your driving ability which could result in a DUI charge.

- If you are finding it more difficult to drive, then don't. Talk to your family and friends about alternatives to driving.

- Attend a CarFIT event to help make sure you and your vehicle are a good fit with seat belts, mirrors and more.

It can be a difficult decision to finally retire your driver's license, but that decision could save your life or the life of someone else by doing so.

For questions or comments, or to schedule an older driver presentation, please email me at ffox@hsnetwork.org. You can also follow me on Facebook @safetyfox or on Instagram at: highwaysafetynetworkd5. This is a PennDOT funded project.